



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2014 FREEDOM RUN TWIN RIVERS YMCA-VALLEY, NE

Sunday, September 7, 2014
5K \$30, 10K \$40 or Half Marathon \$50
(USATF Certified Events)

Register online using the link below

[https://ops1.operations.daxko.com/Online/3129/Programs/Search.mvc/sessions?
program_id=62078&category_ids=20516&branch_id=743](https://ops1.operations.daxko.com/Online/3129/Programs/Search.mvc/sessions?program_id=62078&category_ids=20516&branch_id=743)

Run your personal best on this fast, flat course!

Judy Argintean, Executive Director Twin Rivers YMCA
6100 Twin Rivers Circle, Valley, NE 68064
402-359-9622 jargintean@metroymca.org



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